



Allergy Menu - Autumn Winter 2024 Traditional Allergy Free

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Margherita Pizza Slice, Wedges & Sweetcorn (928757)	BBQ Cheesy Chicken (Hunters Chicken), Apple Slaw & Wholegrain Rice (928764)	Roast Gammon, Roasties & Carrots & Peas, Gravy	Hot Homemade Tomato Sauce, Pasta & Cheese (923690)	Homemade Chicken Nuggets, Chips, Beans (975499)
Option 2	Veggie Pepper & Corn Pizza Slice, Wedges & Sweetcorn (928761)	Butterbean Ratatouille, Apple Slaw, Wholegrain Rice (928758)			
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Watermelon & Pineapple Sticks	Chocolate Bricks (750859)	Forest Fruits Jelly Pots	Cookie Dough Apple Crumble (921516)	Strawberry Jelly (724133)
<p>Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes</p>					

Ready to serve





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Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	BBQ Corn Pizza Slice, Pasta Salad & Green salad (928772)	Tomato & Roasted Veg Wholegrain Pasta Bake Broccoli (751154)	Roast Pork, Roasties, Steamed Mixed Greens, Gravy	Classic Cottage Pie & Peas (922503)	Homemade Chicken Nuggets, Chips, Beans (975499)
Option 2					Cheese & Tomato Toasted Wrap, Chips & Beans (522729)
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Apple Crumble (750745)	Marble Cookies (828727)	Raspberry Jelly (928791)	Fresh Fruit Salad	Chocolate Bricks (750859)
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Ready to serve





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Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Veggie Pasta Bolognese & Carrots (922466)	Mild Chicken Curry, Wholegrain Rice, Green Beans (750962)	Roast Chicken, Roast Potatoes, Peas, Sweetcorn & Gravy (921848)	Meatballs in Tomato Sauce with Rice & Broccoli (922506)	Homemade Chicken Nuggets, Chips, Beans (975499)
Option 2				Mild Veggie Bean Chilli Loaded Wedges with Cheese & Broccoli (925024)	
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Marble Cookies (828727)	Watermelon & Pineapple Sticks	Orange & Mango Jelly	Cookie Dough Apple Crumble (921516)	Fresh Fruit Salad
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Ready to serve

