

Overview of teaching and learning of PSHE and SRE

Intent

Our school's PSHE education programme will support our pupils to thrive in a time of rapid change, with new and unpredictable opportunities and challenges constantly emerging. Our PSHE curriculum enables children to become healthy, independent and responsible members of the school community and society. We intend that children will understand how they are developing personally and socially and give them understanding of the moral, social and cultural issues that are part of growing up. We believe it is not enough to simply teach pupils about the issues covered in the subject content. It is vital that pupils have the opportunity to explore their attitudes, values and beliefs about these issues and to develop the skills, language and strategies necessary to manage such issues should they encounter them. Our three key themes are Health and Wellbeing; Relationships; Living in the Wider World.

The Big Ideas

Healthy Lifestyles

Safe decisions

Caring Citizens

Implementation

Our school's scheme of work considers the needs of our pupils, the aims and ethos of the school, the local community and our local environment in which the school is situated.

Our curriculum is divided into three key themes: Health and Wellbeing; Relationships; Living in the Wider World. It is not intended that all areas within these themes will be covered in each year group - we introduce learning opportunities in one year group and revisit and further develop them in other year groups, meaning that the specific learning builds for pupils as they move through the school, gradually expanding and deepening their knowledge, skills, and attributes.

We are a mindful school and our pupils are taught techniques to relax and cope with anxieties.

It must be ensured that learning in PSHE education is not delivered as a one-off experience and also that as many opportunities as possible are taken for learning to take place outside the classroom and to be given context through exposure to visitors, trips and discussion.

Examples of visitors who have enriched our PSHE curriculum: dental nurse, school nurse, police officers and PCSOs, One Life, Bikeability, Yellow Lorry Project, Crucial Crew.

ASCA sheets will be used to track curriculum breadth and the progress of pupils and the teaching and assessment of PSHE will be monitored by the Lead teacher for PSHE.

Impact

Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Individual Liberty.

- Children will demonstrate a healthy outlook towards school.
- Children will understand how to keep themselves safe at school, in the community and locality and wider world.
- Children will develop positive and healthy relationships with peers, both now and in the future.
- Children will understand the physical and emotional aspects involved in RSE at an age appropriate level.
- Children will have respect for themselves.
- Children will have positive body images.